



ZUMBA[®]
fitness

SHRINK EVERYTHING BUT YOUR SMILE

**LET THE MUSIC FREE YOUR BODY.
THE ULTIMATE DANCE-FITNESS PARTY
WILL GROOVE YOU INTO SHAPE.**



**FOR CLASS DETAILS
CONTACT YOUR LICENSED ZUMBA[®] INSTRUCTOR:**

**New Heights Athletics
Call (419) 335-2132 to register!
Nicole Spadafore, Instructor**

Come party yourself into shape at New Heights Athletics on Mondays from 7:00-8:00pm and Wednesdays from 5:30-6:30pm. Classes are \$5.00 per class and we offer discounted session rates! It's time to ditch the workout; join the party!

zumba.com

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JOIN THE
party[™]